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**EVANS VANODINE**  
**handwashing for children**



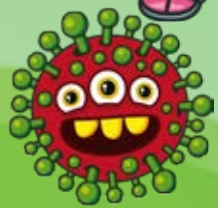
# Meet Edward & Emily The Evans Vanodine Bug Busting Team

Evans Vanodine has introduced its own unique characters to help teach children the importance of washing their hands.

Edward, Emily and 6 handwashing related germs have been designed to appeal to children and make hand washing fun and educational.

Boy and Girl stickers are available for personalising your *Evans Evolve* soap dispenser, along with 'Well Done' stickers to give out to children once they have taken part in a handwashing lesson.

A laminated washroom poster is available to show children the correct way to wash their hands.



Hi, my name is Mr SA



Hi, my name is Colin Cold



Hi, my name is Swine Flu Sid



Hi, my name is Edna Coli



Hi, my name is Nora Virus



Hi, my name is Carla Bacter

Further washroom posters, a range of quizzes and games sheets, colouring sheets and lesson ideas and guides for teachers are all available to download from the children's handwashing website.

[www.childrenshandwashing.com](http://www.childrenshandwashing.com)



# Washing your hands



**1** Wet hands under warm running water. Add soap.



**2** Rub hands together to make lots of bubbles.



**3** Rub soapy bubbles all around your hands, wrists, in-between fingers and the tips of fingers for 20 seconds.



**4** Rinse under warm running water to remove all the bubbles.



**5** Dry well with a clean paper towel or hand dryer.



Evans Vanodine International plc  
Brierley Road, Walton Summit, Preston, Lancashire PR5 8AH  
Tel: 01772 322200 Fax: 01772 626000  
email: sales@evansvanodine.co.uk

**Laminated Washroom Poster & Children's Sticker - available via distributor**

## WELL DONE!

You helped Edward & Emily fight off infection & germs when you washed your hands.



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Preston Lancashire PR5 8AH  
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email: sales@evansvanodine.co.uk web: www.evansvanodine.co.uk

### STOP!



Have you washed your hands?



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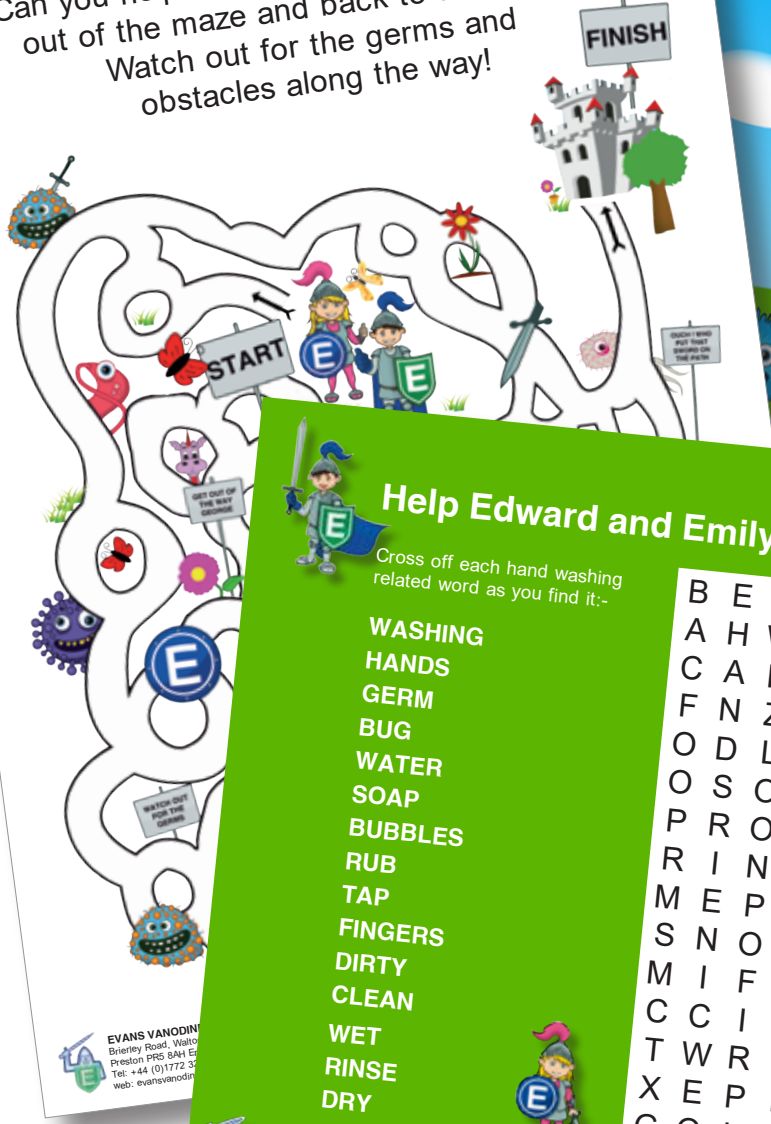
**Washroom Posters - available via download**

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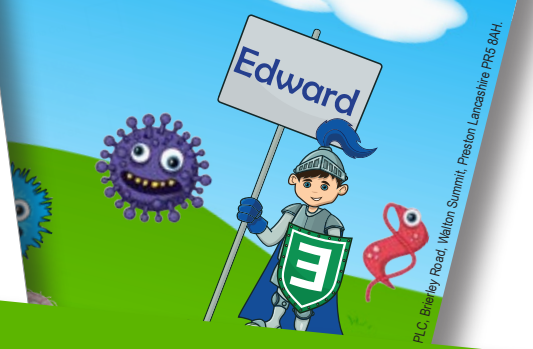
**Follow the lines to see which germs Edward and Emily need to wash off their hands?**



**Can you help Edward & Emily find their way out of the maze and back to the castle? Watch out for the germs and obstacles along the way!**



**Can you spot the 6 differences?**



**Help Edward and Emily to find the words in the grid.**

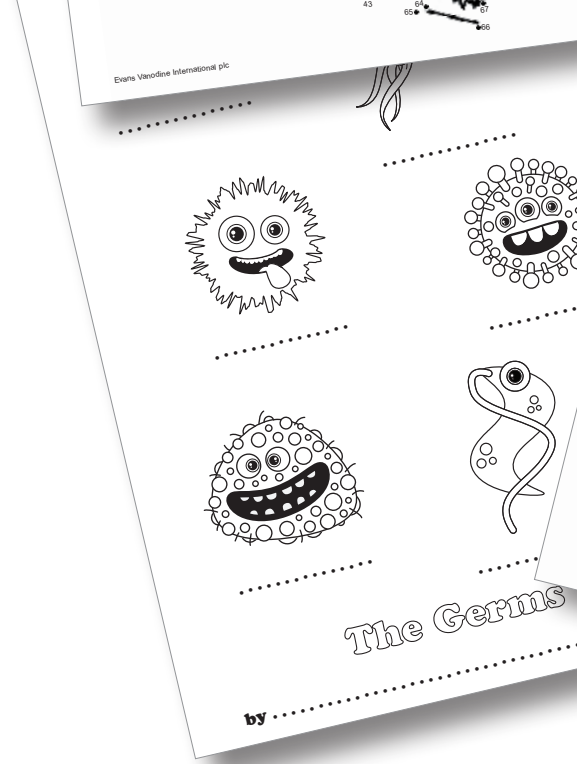
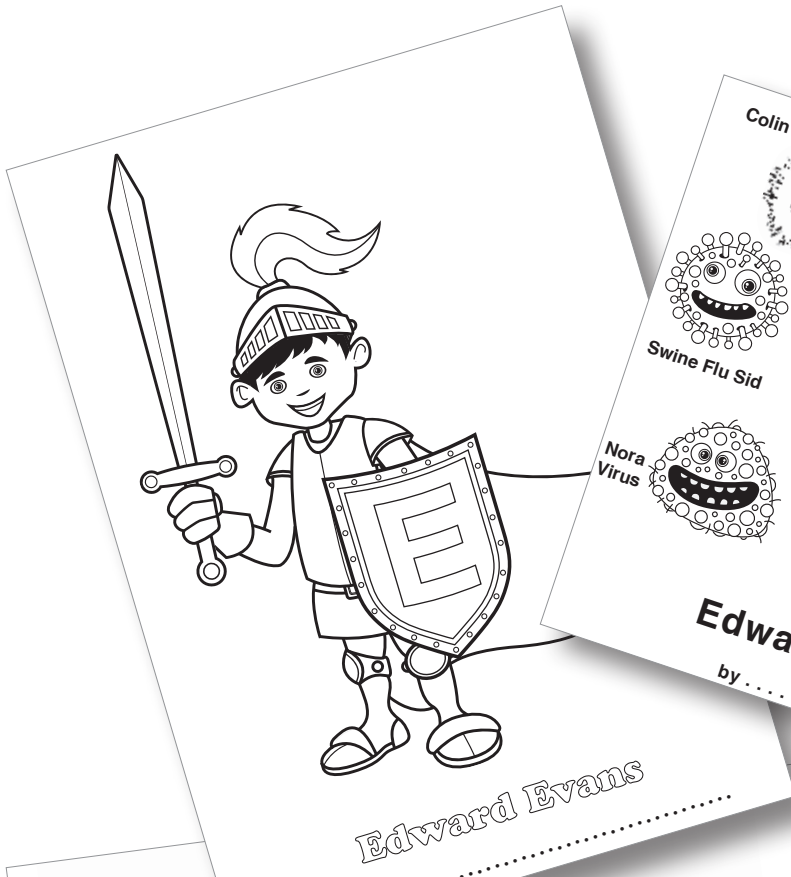
Cross off each hand washing related word as you find it:-

- WASHING
- HANDS
- GERM
- BUG
- WATER
- SOAP
- BUBBLES
- RUB
- TAP
- FINGERS
- DIRTY
- CLEAN
- WET
- RINSE
- DRY

B	E	F	E	C	L	E	A	N	N	A	S	B	U	G
A	H	W	H	I	S	L	R	R	A	F	G	C	I	N
C	A	P	A	H	G	D	I	R	T	Y	Y	A	W	F
F	N	Z	S	T	T	R	E	U	D	R	E	E	S	I
O	D	L	L	A	S	Y	O	B	R	H	P	P	G	F
O	S	O	A	P	L	I	V	E	X	Z	Z	P	Q	N
P	R	O	T	D	M	L	W	A	S	H	I	N	G	P
M	E	P	S	E	E	M	T	X	L	Z	O	O	L	S
S	N	O	T	B	X	O	E	T	M	K	W	R	E	C
M	I	F	I	N	G	E	R	S	P	O	O	L	F	W
C	C	I	M	E	C	P	P	R	O	F	B	P	Q	I
T	W	R	R	D	L	O	G	U	P	B	S	A	N	D
X	E	P	L	O	P	F	I	Q	U	A	E	W	E	T
G	O	L	F	Y	E	S	P	B	P	Y	R	N	T	E

**Games Sheets - available via download**





# HANDWASHING LESSON PLAN

## The Glitter Experiment

This experiment demonstrates how germs and viruses can live on our hands and be passed from person to person.

You will need:

- Glitter
- A bowl of warm water
- Soap
- Paper towels

Then:

- Select 6 children to come to the front.
- Sprinkle some glitter on your hands. Ask children to show that the specks of glitter are various germs.
- Shake a child's hand and then ask the child to look at their hand. Say "Look, I've passed on some germs".
- Then ask that child to shake someone else's hand. Repeat with children in the line shake hands.
- Wash your hands with water only but do not use soap. Show the children your hands (not all glitter yet).
- Next, wash your hands with soap and water. Show the children your hands. The glitter should be gone.
- Explain that correct handwashing is the best way to get rid of the germs and viruses that we can't see.



EVANS VANODINE INTERNATIONAL  
Lancaster  
Email: sales@evansvanodine.com

## Edward and Emily's adventure © 2013

Edward and Emily are trainee knights and love nothing better than playing games and having lots of fun. They are always exploring different parts of the kingdom and discovering new things that lead to exciting adventures along the way.

Edward and Emily love to explore but sometimes forget how dirty they get along the way. Their mum and dad are always heard shouting "What a mess you are, what have you been doing?" Edward and Emily need someone to remind them when they need to wash their hands. Do you think you can help?

Whenever you think it might be time for Edward and Emily to wash their hands, just show them to keep clean and tidy.



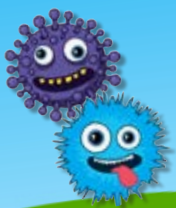
Edward and Emily headed outside straight to the stables to borrow the King's horse, Preston.



## How do bacteria and viruses (germs) affect us?

### COMMON COLD and SWINE FLU

These are viruses that are passed from person to person by coughing and sneezing. You can also get these by touching something that an infected person has touched.



### M.R.S.A

This is a bacteria found on the skin and in noses. It causes infections in people who are very young (babies), very old or already poorly.



### E-COLI and CAMPYLOBACTER

These are bacteria found in tummies and are passed from person to person on dirty hands after going to the toilet. These bacteria cause sickness and diarrhoea.



### NOROVIRUS (Winter Vomiting Virus)

This is a very contagious virus and is passed from person to person on dirty hands after going to the toilet or touching something that an infected person has touched. This virus causes sickness and diarrhoea.



To stay healthy and stop passing bacteria and viruses (germs) to anyone else, you must wash your hands regularly especially after using the toilet, before and after eating, touching animals, even your family pet, and after playing outside.



**Edward and Emily have their very own website, where children and teachers can download all the support literature featured.**

**Please visit:**

**[www.childrenshandwashing.com](http://www.childrenshandwashing.com)**

**To obtain your dispenser stickers, wallchart and 'Well Done' stickers, please contact your Evans distributor or email [sales@evansvanodine.co.uk](mailto:sales@evansvanodine.co.uk)**





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# EVANS VANODINE

Evans Vanodine International plc  
Brierley Road, Walton Summit, Preston, PR5 8AH, England.  
tel: +44 (0)1772 322200  
fax: +44 (0)1772 626000  
web: [www.evansvanodine.co.uk](http://www.evansvanodine.co.uk)  
email: [sales@evansvanodine.co.uk](mailto:sales@evansvanodine.co.uk)  
[export@evansvanodine.co.uk](mailto:export@evansvanodine.co.uk)

